



# MASSAGE THERAPY

**Chair Massage Therapy  
Available October 24 2011**

Relax and unwind with a soothing chair massages from a certified therapist. Sore from that workout or just need some relaxation? Worry no longer as the FMWR Fitness Center now has massage therapists available. We offer 15, 30, & 45 minutes of therapy.

Location: Building 230 Hallway next to the fitness center  
Type: Chair massage with folding partition for partial privacy  
Days: Monday -Friday  
Hours: 10am – 4pm  
Price: TBD (contract complete Oct 20th)  
Three therapist available - both genders



Available Monday – Friday by appointment only Online at: <https://webtrac.mwr.army.mil/webtrac/detroitrectrac.html>  
To schedule an appointment go to call 586.282.9117 or 5606

Please see staff for if you need further assistance &  
Thank you for your patronage.