



Detroit Arsenal Youth Sports & Fitness

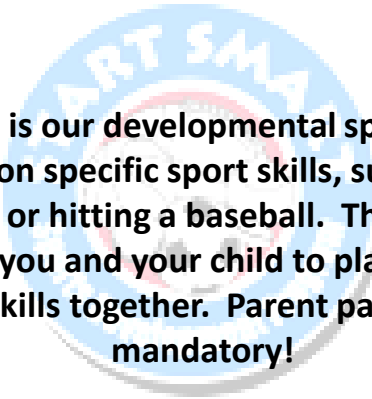
Start Smart Sports Development Program

What Does Start Smart Offer

- ❖ Prepares children for organized sports without the threat of competition or the fear of getting hurt.
- ❖ Focuses on a variety of general skills including: throwing catching, kicking, and batting.
- ❖ Gives parents and children the opportunity to work one-on-one and spend quality time together
- ❖ Teaches children motor skill tasks that gradually build confidence, while children have FUN at the same time.



Start Smart is our developmental sports program that focuses on specific sport skills, such as kicking a soccer ball or hitting a baseball. The program is designed for you and your child to play together and learn the skills together. Parent participation is mandatory!



Ages 3-5 years old.

Parent participation is mandatory for all classes.

Cost: \$30 (includes a t-shirt, a workbook, and a parent instruction book)

Parents can also purchase the individual kits for at home use for \$50.

Classes take place on **Saturdays** (April 17 & 24 and May 1, 8, & 15).

10:00 – 11:00 a.m.

Classes will take place at the TACOM CDC (building 273)

For more information, call 586-282-9730 or tanya.blatz@us.army.mil