

ORGANIZATION DAY 2009

Sports Rules

Please send inquires or info via email to DAMI_FMWRFitness or call 45606/48885. Sign up is also available at bldg. 230 Fitness Center.

Basketball Tournament Rules

Start Time: 1015Hrs

3 on 3 elimination tournament

Games are played up to 11 pts

Must win by 2 pts

Each basket is worth 1 pt (no 2 or 3 pointers)

Teams can consist of a total of 4 players

1st, 2nd and 3rd place will receive an award

Nine Ball Tournament Rules

Start Time: 1100Hrs

1on1 single elimination tournament

Best of 3 games to win match

Cue ball must contact lowest ball on the table

Balls need not be pocketed in order

Players are not required to call any shot

1st, 2nd and 3rd place will receive an award

Volleyball Tournament Rules

Start Time: 1030Hrs

6on6 single elimination tournament

Teams consist of a total of 8 people

Game is played to 21 pts

Teams switch ah sides at 11 pts

Must win by 2 pts

1st, 2nd and 3rd place will receive an award

Table Tennis Tournament Rules

Start Time: 1115Hrs

1on1 single elimination tournament

Game is played to 11 pts

Best of 3 games to win match

Service change after 2 pts

Open palm serving only

Must win by 2 pts

1st, 2nd and 3rd place will receive an award

Adult 5K & Kid's Fun Run

Adult – 08:00, Kid's – 08:45

Batting Cages Rules

Open Time: 1000-1600Hrs

Helmet must be worn

1 person at a time

First come first serve

5 minute time limit per person

Bocce Ball Tournament Rules

Start Time: 1130Hrs

1 on1 single elimination tournament

Tossing or bowling allowed

Game is played to 13 pts

No points for a tie

Winning team throws

1st, 2nd and 3rd place will receive an award

More Info on Bocce:

The pallino, the smaller target ball, is the first to be thrown. The distance and direction that it is thrown can be determined by this first player. The same player then throws a bocce ball, aiming to land it as close to the pallino as possible.

The second team then gets a chance to land a bocce ball closer to the pallino than the first team's ball. Once this is accomplished, the team with the closer ball is considered "inside."

Once a team is "inside," they will then step aside so that the "outside" team can attempt to become "inside." Each team will continue a turn until they successfully land a bocce ball "inside" or until they run out of balls to throw.

When all of the bocce balls have been thrown, one point is awarded for each ball that is closer to the pallino than the opposing team's balls. Only the team with the most "inside" bocce balls will receive points.



The team who wins will be the first to throw in the next match. Strict bocce ball rules say that a goal score is typically thirteen points, but that can easily be changed for players' convenience.

- Bocce ball rules allow you to knock the pallino or an opponent's ball into a different position with a bocce ball toss.
- You are allowed to bank shots.

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